



Friday Island Team Build



Friday Island Team Building events are coupled to a series of team exercises available on-site at Friday Island or on a mobile basis. The exercises are adaptable and can be used to fulfil a variety of objectives:

- * *As the basis for Team Building, Leadership Development, Communications and Management Training courses.*
- * *As a means of introducing and integrating new management personnel to their department or facilitating the set-up of a completely new team.*
- * *As a catalyst to bring together two or more branches of the same organisation whose geographical separation weakens a close working relationship.*

The team build days are always run with good humour, fun and a sense of purpose.

Three questions you should ask that will help us:

*What are you trying to achieve?
How will you measure that achievement?
What issues, specific or general are we trying to resolve?*

CONT...

Warm Up

A short sharp series of logical and practical tasks conducted in small groups, providing the opportunity for teams to get into the swing of things. Each mini challenge lasts approximately 20 minutes, and has a deadline for successful completion.



Team Challenge

Larger and longer tasks in bigger groups, drawing on the experience of the previous phase, but with faster action and bigger equipment. The competitive element is introduced through head-to-head competition.



Finale

A concluding activity usually involving all participants and conducted in a very light hearted manner! This is the final chance to gain points and possibly accumulate enough to win the coveted top slot!



Sample itinerary:

N.B.(Timings are flexible and programmes are very much dependant upon client brief)

- 10.00 am Guests arrive at our Spine Road Car Park where they are ferried over to Friday Island by boat.
- 10.30 am Coffee and biscuits are served. Guests are introduced to the instructors, split into teams, briefed on the day's events and break some ice!
- 11.00 am Warm-up tasks.
- 1.00 pm Lunch will be served in the marquee (menus enclosed)
- 2.00 pm Team Challenge exercises.
- 4.00 pm Concluding activities.
- 4.30 pm
onwards Guests regroup on Friday Island for tea and cakes.
The infamous Hot Tub and Ducking Stoolie will be available!
- 6.00 pm approx Guests are ferried back to the Spine Road car park and depart.

Please advise guests participating in land and/or water based activities, to bring a towel, a change of clothing/footwear and suitable wet weather gear.

Your attention is drawn to our Terms and Conditions, in particular our payment terms. No booking can be accepted without their return, duly signed, together with the necessary deposit/balance payments.

Don't forget to visit our website - www.friday-island.co.uk

